



# International Association for Identification 2022 5K Race & Fun Run Rules & Regulations Document

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- The race is a timed run to begin at 6:30 am, 5K (3.1 miles) out and back with a water stop at the mid-way turn around point.
  - One (1) hour allotted for participants to do a Fun Run/Walk.
  - Top 3 Male and Top 3 Female times awarded.
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## Before the start

- All participants **MUST** pre-register for the race with photo ID at the IAI Booth in the Exhibit Hall, and pick up their shirts at the Foster + Freeman Booth. Registration ends at 12:00 Noon on Wednesday August 3, 2022. **Day of race registrations will not be permitted.**
- Sign the waivers. No runner will be allowed to participate without a signed and filed waiver prior to the event.
- Ensure that you arrive at the race venue in plenty of time so that you're not rushing to the start. There will be no restrooms at the race starting point, so please use the restroom prior.

## Bibs/Race numbers

- Be sure to pin your race number to the **front** of your shirt or shorts so that it can be clearly seen by the Run organizers.

## Start line etiquette

- Please allow faster runners to be positioned at the front of the start line to ensure a safer and smoother start for all. Be realistic and honest with where you stand on the start line so that you don't impede the runners behind you. Walkers should position themselves near the rear of the start line.
- Dogs, strollers, vehicle-like skateboards, bikes, or other motorized devices are strictly prohibited.

## Don't be a 'hero'! Obey the officials

- Please follow all volunteer instructions, this is for all runners' safety.

## Be mindful of other runners

- This is particularly important as we are running an out and back course on the same path. If you are running/walking with friends, please do not run more than two abreast. If you do, you will impede runners who are trying to pass you.
- If you are running and need to rest/walk, please raise a hand and move to the side of the path as to alert those behind you.



## Sideline spectators

- Please keep the course clear as to not impede any runners.
- Positive and encouraging comments only!

## Drink Station decorum

- If possible, try to position yourself on the right side of the road to pick up a drink before you arrive at the table. Before you discard your cup or bottle be sure to check around you and throw it to the side of the course. Nobody wants a face full of water or to roll their ankle on a bottle!

## Music

- You may run with music, but please keep the volume at a reasonable level. You will need to remain aware and alert of those around you including traffic, race volunteers and fellow runners. Please be sure you can still pay attention to those around you.

## Finish line formalities

- Despite the euphoria that you may feel as you cross the finish line, try to avoid stopping suddenly. Keep moving forward along the finishing funnel so that you don't cause a jam. The space you leave behind you needs to be there so that other runners who are finishing have somewhere to go.

## No-show / Refund policy

- There are no refunds of Run registration fees. If you miss the Run, your registration fee will be considered a donation.